

■ nature's rx

WATERLASE:

Practically Painless Dentistry



Has the thought of going to the dentist kept you from enjoying a beautiful smile? Has the fear of needles made you horrified of dental visits?

For many people, going to the dentist can seem a fate worse than death. At the very least, 50 percent of the population in the U.S. does not go to the dentist except for dental emergencies.

Good news: thanks to advances in laser technology, a breakthrough instrument called the Waterlase often helps eliminate needles, numbness and, most of all, fear.

It gently and conservatively treats cavities, gum abnormalities, ulcers and even root canals—often without anesthesia. The secret is a proprietary erbium-garnet wavelength of light that “turbo charges” water droplets to cleanse the debris from the tooth and gums without the heat and vibration of the typical dental drill. Think of pressure washing the deck of a house—but using a small, precise method. Furthermore, the laser creates a “wave of analgesia” to make the tooth more comfortable—often desensitizing it. This “bio-stimulation” is a huge breakthrough with dental lasers by promoting a much better and quicker healing response with less need for medications.

Another advantage of the Waterlase is that by minimizing the need for anesthesia, a busy person can complete her dentistry work in fewer visits and avoid the lengthy interruption of speaking or chewing during the business day that conventional methods can incur.

Patients and dental professionals have found the new technology to be nothing short of miraculous. Patients' health and appearance respond so much more quickly with the laser than ever before.

The Waterlase has answered the prayers of many anxious people who have been avoiding improving their health and having the smile they've always wanted, boosting their confidence and rejuvenating their health. —Hugh Flax, D.D.S.